

Health Information News December 2015

This newsletter is intended for staff who provide health information to the public to keep informed of latest news and resources available in the Health Information field. If you would like to submit a news item – email sarah.greening@wm.hee.nhs.uk

News

Public Health Evidence Awareness service - Each month around 100 public health records are manually added to [NICE Evidence Search](#) and hundreds more public health records are included and updated from automated sources. The [Public Health Evidence Awareness Service](#) highlights a hand-picked selection of 15 to 20 of the most relevant of these publications each month. The Public Health Evidence Awareness Service email helps public health professionals and anyone interested in public health to stay on top of the new evidence published each month. You can sign up to the service on the [NICE website](#).

The role of allied health professionals in public health: examples of interventions delivered by allied health professionals that improve the public's health - Public Health England commissioned a team of academics led by Sheffield Hallam University to undertake an initial review to identify examples where there is good evidence of impact on public health by Allied Health Professionals (AHPs) and therefore an opportunity to broaden practice; and to identify areas which require more focus to demonstrate impact by AHPs on public health. <http://kingsfundmail.org.uk/21A8-3V43X-FLWT3H-1WCG1M-1/c.aspx>

Communication skills and information signposting recognised as central to good dementia care - The new National Dementia Core Skills Education and Training Framework is a resource to support health professionals and educators working with people living with dementia. It highlights the importance of ensuring that those involved in managing and delivering care to people with dementia, across the whole system, must be able to: communicate effectively and compassionately with individuals who have dementia; and signpost individuals, families and carers to dementia advice, support and information. The Framework sets out the essential skills and knowledge necessary for all staff and carers involved in the dementia care pathway from effective basic training to continuous professional and vocation development in dementia aimed at experts and those leading and influencing dementia services. It was commissioned and funded by the Department of Health and developed in collaboration by Skills for Health and Health Education England in partnership with Skills for Care. The Framework can be accessed [here](#).

The district council contribution to public health: a time of challenge and opportunity - This report was commissioned by the District Councils' Network in 2015. Its intention is to contribute to the understanding, assessment and development of the role of district councils in improving the health of their citizens and communities. It focuses on district councils' role in promoting public health through some of their key functions and enabling roles. <http://kingsfundmail.org.uk/21A8-3SZ63-FLWT3H-1V9S45-1/c.aspx>

Baroness Martha Lane Fox sets out key digital proposals for the NHS - Baroness Martha Lane Fox has made [four recommendations for the digital future of the NHS](#). These are: making sure those with the most health and social care needs, who are often the least likely to be online, are included first in any new digital tools being used across the NHS; free wi-fi in every NHS building; building the capability of the NHS workforce to ensure they have the basic digital skills to support people's health needs; and at least 10 per cent of patients in each GP practice should be

using a digital service such as online appointment booking, repeat prescriptions or access to records by 2017.

A cluster randomised controlled trial comparing the effectiveness and cost-effectiveness of a school-based cognitive behavioural therapy programme (FRIENDS) in the reduction of anxiety and improvement in mood in children aged 9/10 years - Anxiety in children is common, impairs everyday functioning and increases the risk of severe mental health disorders in adulthood, yet few children with anxiety are identified and referred for treatment. The aim of this study was to investigate the clinical effectiveness and cost-effectiveness of a universal school-based preventative programme in reducing symptoms of anxiety and low mood.

<http://kingsfundmail.org.uk/21A8-3SZ63-FLWT3H-1V11T0-1/c.aspx>

Sexual health promotion for young people delivered via digital media: a scoping review -

This study aimed to summarise evidence on effectiveness, cost-effectiveness and mechanism of action of interactive digital interventions (IDIs) for sexual health; optimal practice for intervention development; contexts for successful implementation; research methods for digital intervention evaluation; and the future potential of sexual health promotion via digital media.

<http://kingsfundmail.org.uk/21A8-3SZ63-FLWT3H-1V12NH-1/c.aspx>

Growing healthy communities: the health and wellbeing index - This report reveals how collaboration between local authority stakeholders can help address health quality determinants (social, economic and environmental) and result in improved health outcomes (quality of lifestyle and health conditions). It shows a clear North-South divide in both health outcomes and determinants. <http://kingsfundmail.org.uk/21A8-3SZ63-FLWT3H-1V14X9-1/c.aspx>

Report on NHS screening programmes in England - Public Health England have published the [2014/15 Annual Report](#) on the 11 NHS Screening Programmes. The report identifies the commonalities between each of the programmes as being: finding the target population; enabling them to make an informed choice using high quality health information; carrying out a test safely and accurately; providing timely results; and ensuring referrals are made efficiently when required. It describes how this year the cancer and non-cancer screening teams were bought together in for the first time in a new centre of excellence – the PHE Screening division. This will enable them to benefit from shared learning and the ability to pool resources. The themes of this year's report are turning evidence into action and continuous improvement. Examples of rigorous research put into action during the year include the piloting of HPV primary screening by the cervical programme, the roll-out of bowel scope screening, and the expansion of the newborn blood spot programme to include four additional rare genetic disorders. The information resources produced to support each screening programme are described within the [report](#) along with case studies about implementation of the programmes.

How do young people navigate online information and social media in health? - A [study](#) has been published in the Health Expectations journal exploring perceptions and experiences of engaging with health information online in a young adults familiar with social media. Forty semi-structured interviews were conducted with young adults, aged 18–30, with experience of diabetes or common mental health disorders. Data were analysed following a thematic networks approach to explore key themes around online information-seeking and content consumption practices. All participants described accessing online resources to find information about their health condition and presented this as a routine and taken-for-granted response to illness. Throughout the interviews, online health information-seeking was framed as an important part of being a responsible, informed individual. The practice of comparing multiple information sources was mentioned by most participants as an important means of assessing the credibility and reliability of health-related content. For many, making distinctions about the purpose of content was crucial

in determining the reliability of information and its relevance. Participants emphasised that during rapid online navigation, websites must appear 'proper' (well structured and well designed) and salient (containing images and language that seemed relevant to their own experiences) You can read the full study [here](#). Fergie, G., Hilton, S. and Hunt, K. (2015), *Young adults' experiences of seeking online information about diabetes and mental health in the age of social media*. *Health Expectations*. doi: 10.1111/hex.12430

National Institute for Health Research Dissemination Centre: a key source of health research evidence - The new NIHR [Dissemination Centre](#) has been set up to make health research evidence easier to reach for those who need it. Each week we publish three or four new 'Signals' – short summaries of health research that has appeared recently in peer-reviewed journals. Signals are published on the Dissemination Centre's portal 'Discover'. This is a free, open access site and is fully searchable. Anyone can [sign up on our website](#) to receive a monthly update of all Signals that we publish or can choose to receive Signals in particular categories. The Dissemination Centre also produces two other key products: **Highlights** and **Themed Reviews**. Highlights are short digests of up to six NIHR-funded research studies or systematic reviews. The Highlight is developed in discussion with key stakeholders and is presented in different formats for varying audiences. A Highlight includes clear guidance for readers on how they can follow up or implement the findings of the research. The first Highlight on [obesity in men](#) is available on our website. Themed Reviews offer a more extensive review of 'the state of the evidence' on a key health or social care issue. They are developed with a steering group of professional and patient/carer experts and will give decision-makers of all kinds the research evidence they need to shape the delivery of services. The first Themed Review on [End of Life Care](#) is available on our website. Follow the Dissemination Centre on Twitter @NIHR_DC for tweets about Signals, Highlights and Themed Reviews. For any query about our work and for help with cascading this information, please contact disseminationcentre@soton.ac.uk

[Lessons to be learnt following closure of NHS apps library](#) - On 16 October the NHS Choices 'health apps library' closed. Launched in 2013 to review and recommend apps against a defined set of criteria, the closure follows reports from researchers at Imperial College London that several NHS approved apps were leaking data. The NHS Choices [website](#) states that the National Information Board is currently reviewing the apps Library. Digital Health have published an [article](#) exploring the reasons behind the closure and lessons that need to be learnt ahead of the planned National Information Board 2016 launch of an accreditation process for health apps. *Digital Health News feature, 10 November 2015, full text [here](#)*.

Three new resources to enable person-centred care - The Health Foundation has launched three new resources to help practitioners and academics by informing approaches to implementing person-centred care:

- **A practical guide to self-management support: Key components for successful implementation** - This new practical guide provides useful ideas for what practitioners and commissioners should consider when starting to support patients to self-manage their care. It explains what self-management support is, why it is important and how to ensure it is grounded in everyday practice. Download or order your copy now: <http://www.health.org.uk/publication/practical-guide-self-management-support>
- **Building the House of Care: How health economies in Leeds and Somerset are implementing a coordinated approach for people with long-term conditions** - These case studies give a snapshot of how the House of Care is being used in two different health economies to transform and personalise the health and care of people with long-term conditions. Download now: <http://personcentredcare.health.org.uk/resources/building-house-of-care>

- **Person-centred care around the world tool** - This useful directory tool highlights the leading international centres working on similar aspects of person-centred care to the Health Foundation. The tool can help to identify person-centred care research, measurement and implementation 'hot spots' in different settings globally, enabling collaboration. Access the tool now: <http://personcentredcare.health.org.uk/resources/person-centred-care-around-world>

Patient activation: report finds a lack of clinician support for independent information seeking - Two reports have been published today by NHS England's Person-centred Care Team relating to [patient activation](#) and the NHS England self-care/self-management programme. They aim to help to take forward the [Five Year Forward View](#) commitment to support people to manage their own health and care. Patient activation describes a person's knowledge, skills and confidence to manage their own health and care. Clinicians have a vital role play in supporting patient activation. The first [report](#) shares the findings of a survey of over 1750 doctors, nurses and allied health professionals to understand their support for patients taking a more active role in their care, their beliefs and attitudes, and identifies their perceived barriers and training needs. This survey shows that clinicians vary significantly in their support for patient activation. Clinicians are most likely to support those aspects of self-management that relate to a patient making behaviour and lifestyle changes in accordance with clinical advice. They are less likely to support people making independent judgements and taking independent actions when caring for themselves at home, or people functioning as a member of the care team. The report found that clinicians are least likely to support people being independent seekers of information. The full report can be read [here](#). The second [report](#), co-produced with the Health Foundation and Leicester University, provides early findings to support implementation of the [Patient Activation Measure](#) (PAM) across the NHS, which has been piloted with 5 CCGs. The early evaluation report can be read [here](#).

Events

11-29th Jan 2016 - Supporting implementation of the Accessible Information Standard - The [Accessible Information Standard](#) directs and defines a specific, consistent approach to identifying, recording, flagging, sharing and meeting the information and communication support needs of patients, service users, carers and parents, where those needs relate to a disability, impairment or sensory loss. NHS England are holding a series of events to support the implementation of the standard. These events are aimed at Commissioners, Health and Adult Social care providers and voluntary and community organisations that are promoting and working in this area. The events are being held as follows:

[11 January 2016, 10am – 3.30pm – Middlesbrough](#)

[13 January 2016, 10am – 3.30pm – Leeds](#)

[15 January 2016, 10am – 3.30pm – Manchester](#)

[18 January 2016, 10am – 3.30pm – Peterborough](#)

[20 January 2016, 10am – 3.30pm – Guildford](#)

[22 January 2016, 10am – 3.30pm – Nottingham](#)

[25 January 2016, 10am – 3.30pm – Birmingham](#)

[27 January 2016, 10am – 3.30pm – London](#)

[29 January 2016, 10am – 3.30pm – Bournemouth](#)

NHS England will be capturing the conversations and learning from these events and will be sharing this for the benefit of those that are not able to attend one. They anticipate that these will be oversubscribed and advise booking early. For further information about these events, or to cancel/amend your booking, please contact Gary Conduct: gary.conduct@nhs.net

Tuesday 26th January 2016 in London. PiF is delighted to announce they will be holding a 1 day event. **[‘Communicating risk in health information’](#)**. Risks and statistics are an essential part of patient information. As information and support professionals, your job is to make sure you can guide patients through the minefield of data and figures to help them feel confident in making their own decisions. This one day event will: look at the challenges many patients experience when trying to understand risk; hear from experts in the field of communicating risk; and share case studies from health information professionals who have addressed this in their work. The event will close with a practical group session that allows delegates to discuss the key challenges they face and how they can apply the findings or recommendations from the presentations in their work. Please get in touch now for more information or to secure your place at: <http://www.pifonline.org.uk/pif/?ee=73> or email claire.murray@pifonline.org.uk

27th January 2016 - Making Every Contact Count Conference HEE is hosting a national conference on Making Every Contact Count, taking place in Manchester on Wednesday 27th January 2016. The conference aims to provide support to people who commission, develop or deliver training in Making Every Contact Count (MECC) or Behaviour Change. Further details, including the programme for the day will be available in due course, but in the meantime please save the date, or for more details and to register an interest you can contact prajwala.anthapurusha@nhs.net

24 February 2016 - Commissioning person-centred care for vulnerable groups – what role does pharmacy play? Recent statistics suggest that most of us visit a pharmacies every 28 days, including people in vulnerable groups that are considered ‘hard to reach’ in health service terms. Those who live in care homes or are temporarily in hospital also deserve high quality care from pharmacy. The King’s Fund is holding a conference on Wednesday 24 February 2016 in London to that will explore how pharmacists are now playing a more important role than ever – from supporting people to stay well in care homes to making sure pharmacy is “dementia friendly”. The conference, Commissioning person centred care for vulnerable groups: what part does pharmacy play, will also explore best practice in care for people with learning disabilities and children in hospital and those with mental health conditions. Shining a spotlight on four specific groups – children and young people, people with mental health conditions, older people living in care homes and people with learning disabilities – this conference provides an opportunity to learn from best practice areas. For more details, including the draft agenda and registration details, visit the King’s Fund website [here](#).

11 March 2016 - Public Health Excellence Conference – Save the Date –

Due to take place in Friday 11 March 2016 in Wolverhampton, registration will open in early January.

25 May 2016 – PiF Annual Conference - The Power of Partnership: Working in collaboration to deliver high-quality health and care information and support

at the Royal College of Physicians, London. Partnership working is about developing inclusive, mutually beneficial relationships across a range of sectors that improve the quality of health information and support, and the experience of care for patients and the public. The interactive and participatory style of the conference will include:

- **Case studies** on targeted information for hard to reach groups, developing digital approaches for self-management, and much more, will allow you to learn from a range of projects that have involved partnership working.
- ‘Question Time’ style Keynote Conversations with **panelists from a range of sectors**, across the UK, will enable you to take part in the discussions and contribute your views.

- Dedicated **networking sessions** will allow you to share your experiences, make connections and create, and discover, new partnerships to drive your work and projects forwards. With the chance to submit an entry to our Best Poster Competition, and a range of sponsorship and exhibition opportunities available there is something for everyone. Please get in touch now for more information or to secure your place at: www.pifonline.org.uk/2016-conference or email nicole.naylor@pifonline.org.uk

4th -10th July 2016 – Health Information Week - <http://learning.wm.hee.nhs.uk/resource/health-information>

There a calendar of Health Awareness Events that is regularly updated and is on - <http://learning.wm.hee.nhs.uk/events>

Other online newsletters:

Knowledge for Healthcare updates – Keep in touch with progress from all of the themes on the blog page: <http://kfh.libraryservices.nhs.uk/> which includes the blogs from the Patient and Public Information Group who also tweet on @K4H_PPI

Voluntary Action Coventry Newsletter - <http://www.vacoventry.org.uk/news>

Reading Agency (National) - <http://www.readingagency.org.uk/>

Other links to health-related news -

<http://www.nice.org.uk/news/nice-newsletters-and-alerts>

http://www.nice.org.uk/newsroom/pressreleases/press_releases.jsp

<http://www.who.int/en/>

<https://www.gov.uk/>

<http://www.nhs.uk/>

<http://www.ukhealthforum.org.uk/>

<http://www.hscic.gov.uk/ibulletin>